DATES TO REMEMBER

October
27th  P&C Holiday Raffle Books due back

November
1st   Gala Instrumental Music Concert - Civic Ctre 5pm
3rd   P&C Holiday Raffle Drawn on Parade
4th   Prep 2015 Open Day
       (appointments only – book at office)
11th  Prep 2015 Open Day
       (appointments only – book at office)
19th  Prep 2015 Parent / Teacher Interviews
       (appointments only – book at office)
21st  Prep 2015 Parent / Teacher Interviews
       (appointments only – book at office)
25th  Year 6/7 Celebration

PRINCIPAL’S COMMENT

I write this fortnight’s Newsletter at the peak of my pride. Last Friday night our Rock, Pop, Mime staff and students performed in front of about 2000 people and what a performance it was! The team cleaned up at the competition, winning Best Costumes, Overall Winner in Upper Primary and also the inaugural Daphne Tulloch Award for Best Music. This annual competition is one of the pinnacles of Mount Isa’s school year and stands alongside the Mount Isa Eisteddfod as the thing to succeed in here in our city. The amazing work ethic of our students, combined with the commitment to success of the wonderful staff, led by Mrs Smith and Miss O’Keeffe, was truly outstanding. It showed how awesome our commitment to excellence, attention to detail, and the community is. I would also like to thank the parents who became very involved and were a justified part of this team. When we were announced as the winners, I almost fell out of my chair with excitement. I can also reveal I kept waking up that night with our final song stuck in my head. Well done, again I am proud to lead you at Happy Valley.

P&C RAFFLE

Our P&C are currently holding a magnificent raffle that is to be drawn on Monday November 3 at our weekly parade. First Prize is a 5 night holiday at a Rydges Hotel and Resort of your choice in Australia or New Zealand with a $1000 Virgin Australia gift voucher as well. Tickets in this wonderful fundraiser are just $2 each and can be purchased at the office. If you would like a book to sell for us, please see the ladies in the office. Remember, all tickets and money, whether sold or unsold, must be returned by next Monday 27 October. This cannot be drawn until all tickets are accounted for.
PREP ENROLMENTS 2015
I have now offered places in Prep to a number of families who were on our waiting list. It gave me a great thrill to hear their excitement at being offered a place at Happy Valley. It is obvious that our school has earned a solid reputation and this is excellent to see. If you have not already organised for your child to attend the upcoming Open Days are on 4 and 11 November and Enrolment Interviews on 19 and 21 November, please see Lexine in the Office to book your preferred days.

2015 CLASSES
Attached to today’s Newsletter is a note asking for your advice in relation to classes for 2015. Please return this form informing us whether your child or children will not be attending Happy Valley next year. This allows for better forward planning for our classes. If you have any further concerns, please contact myself or Mrs Train at the Office to discuss.

ICAS TESTING
This year students from HVSS achieved outstanding results when they participated in ICAS. Nick Connolly, who is Senior Manager Test Development at Educational Assessment Australia, UNSW Global said, “I would like to recognise the participation of students from Happy Valley State School with certificates and congratulate them on their efforts and achievements.”

The following students were recognised for their efforts:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Distinction</th>
<th>Credit</th>
<th>Merit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science</td>
<td>Liam M (Yr 4)</td>
<td>Muthu P (Yr 5)</td>
<td>Cody B (Yr 7)</td>
</tr>
<tr>
<td></td>
<td>Jenisha A (Yr 4)</td>
<td>Camila R (Yr 4)</td>
<td>Hannah G (Yr 7)</td>
</tr>
<tr>
<td></td>
<td>Lyndon S (Yr 2)</td>
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17 Participation

<table>
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<tr>
<th>Subject</th>
<th>Credit</th>
<th>Merit</th>
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</thead>
<tbody>
<tr>
<td>English</td>
<td>Jenisha A (Yr 4)</td>
<td>Lyndon S (Yr 2)</td>
</tr>
<tr>
<td></td>
<td>Nicole R (Yr 4)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hannah G (Yr 7)</td>
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<td>Liam M (Yr 4)</td>
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<td>Muthu P (Yr 5)</td>
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<td>Cody B (Yr 7)</td>
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<td>Lyndon S (Yr 2)</td>
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<tr>
<td></td>
<td>Ethan P (Yr 2)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Daniel M (Yr 4)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Camila R (Yr 4)</td>
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</tr>
</tbody>
</table>

11 Participation

Maths
Distinction Jenisha A (Yr 4)
Cody B (Yr 7)
Credit Muthu P (Yr 5)
Merit Allysya L (Yr 7)

23 Participation

PARENTS AND CITIZENS ASSOCIATION
Our last meeting for this year will be Monday 11 November at 6:30pm, held in the Staff Room at 6:30pm. Come along and enjoy the company and have your say on issues that affect your children’s time here at Happy Valley.

GREAT RESULTS GUARANTEE
In 2015 the Queensland Government is investing $183 million in the Great Results Guarantee funding for State Schools. At Happy Valley State School, our estimated 2015 allocation is $180 000 which will enable us to continue to improve our student’s performance. More information about this initiative can be found at: [www.education.qld.gov.au/resultsguarantee](http://www.education.qld.gov.au/resultsguarantee).

JUNIOR SECONDARY TRANSITION
This year will mark the final year that Year 7 will be a part of primary school in Queensland. At the end of the year, we will say farewell to both our Year 6 and 7 students as they join approximately 100,000 students who will enter High School across Queensland.

For the past three years, 20 state schools have been piloting the move of Year 7 students to high school. These pilot schools have generously shared their learning and insights with all schools in Queensland. A review of the pilot program was recently completed and four key insights have emerged: focus on transition, invest in your people, understand the adolescent learner and seek regular feedback. Pilot schools have emphasised the importance of a strong relationship with their primary affiliate schools.

To provide a smooth transition we are supporting students and parents, and working with our local high school to ensure the move is a great success. If you have any specific questions or concerns related to the transition of Year 7 to high school, please contact us or the high school where you are planning to send your child.
Upcoming Transition days for local high schools are:

**Good Shepherd**
Year 7  Friday 24 October
Year 6  Monday 27 October

**Spinifex**
Year 7  Monday 27 October
Year 6  Tuesday 28 October

**Tools for Change at Spinifex**
Year 6  Tuesday December 2
Year 6 & 7  Wednesday December 3
Year 7  Thursday December 4

**SCHOOL WEBSITE**
Our new and improved school website is up and live. Anyone can now access this site at any time to find out about Happy Valley and everything that is great about our place. The address is www.happyvalss.eq.edu.au if you wish to check it out.

_Norm McNamara_
Principal

**ROCK POP**
**CONGRATULATIONS AND THANK YOU**
On Friday night our Rock Poppers did an amazing performance of _Channel Surfing_ which demonstrated all the hard work they put in over the last 2 terms. They exceeded my expectations on the night showing heaps of energy and lots of expression in their miming. Their hard work paid off as Happy Valley was awarded Best Costumes (Upper Primary) and Best Soundtrack across all 3 categories which was a new shield started this year in remembrance of Daphne Tullock who was a long standing judge. To top it all off we then took out 1st place overall (Upper Primary)! What an amazing effort by Charlie J, Piper G, Katie M, Jorja B, Tafara C, Hayley B, Ella B, Tristan N, Cooper N, Callum B, Cooper G, Kelsey E, Jayda K, Charliza O, Rebecca F, Taysha H, Elisa M, Jayne M, Savannah R-D, Brodhi A, Dayna Z-P, Sarah H, Kazzidi W, Rochelle C, Tahiah J, Alanna T, Lillian B, Caitlin D, Brittney B, Alyssa L, Max H, Klayton W and Will H.

These students have shown a huge commitment to Rock Pop and their efforts have been amazing but it would not be possible without the awesome support of the Happy Valley community.

Thanks to Roger Locke and Co for their generous donations and to Miss Donna and the ladies in the tuckshop for feeding us at each rehearsal. To the parents; Nadene Zurvas, Tracey Pearce, Lauren Dennis, Phil Naramore, Sam Bell and Shev Hilton for all their help. To our teacher aides; Miss Alexis, Miss Kylie, Miss Emily and Miss Nadja who gave up their Friday night to get our students ready.

To our teachers; Mrs Schelberg, Mrs Walsh, Mrs Wilson, Mr Reader, Mrs Carr, Mr Wilson, Miss Brooks, Miss Cottman, Miss DJ, Miss D, Ms Erpf, Miss Skam, Miss Kemp, Mrs Perrin, Ms McGuiness and Mrs King thanks for your help in the lead up and on the night in preparing our Rock Poppers.
A special thanks to Mr Gason for cutting and combining all our music and voices to create our soundtrack and to Miss Keong for choreographing the MTV dance.

A huge thanks to Miss O’Keefe who was at every afternoon rehearsal and helped me to choreograph the finale and two of the channel dances. Also to Mrs Long who choreographed the cartoon channel dance and who outdid herself with the amazing costumes she created this year.

Finally thanks to all the parents and students who came to support us on the night. We look forward to another great Rock Pop Mime in 2015!

_Mrs Smith_
Rock Pop Mime Coordinator

**HOT SHOTS TENNIS**
We are very fortunate to have been successfully accepted as part of the Hot Shots tennis program. This means that this term every student across the school will be taught the basics of tennis at a level appropriate for their development. We will be working closely with the local tennis association to encourage more children to play tennis more often. After this unit, if you are interested in further developing your child in tennis then you can contact our local coach, Peta Starr, who runs a coaching program before school here at Happy Valley.

As a valued supporter of the NSPP, all children within the school are able to register to claim their free T-shirt as well as enter competitions such as meet Rodger Federer or Hot Shots Kid of the Year which could win them $5,000. And don’t forget for every child who registers the school will be supported by a $2.00 rebate to put towards tennis equipment ensuring our children are always able to play. Please advert in this newsletter for details on claiming your free shirt.

If you have any further enquiries please don’t hesitate to contact Mr Gason.
Mount Isa and District Gala Instrumental Music Concert

To showcase the talents of the Mount Isa and District choir and instrumental music students, there will be a Gala concert at the Civic Centre on Saturday 1st November commencing at 5pm. The concert is free and all choir and instrumental music students will be performing.

Additional rehearsal time for MICE Orchestra and Choral will be Tuesday 28th October from 6.00pm - 7.30pm and Saturday 1st November as per below.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>9:30-10:30</td>
<td>Beginner Strings (Lightly Row, Twinkle Twinkle)</td>
</tr>
<tr>
<td>10:30-12:00</td>
<td>Mount Isa Concert Band, All Primary School Woodwind/Brass Students, Spinifex Band (March from Scipio and Clumsy Clown), (Smoke on the Water)</td>
</tr>
<tr>
<td>12pm-1pm</td>
<td>String Players (Playground Antics, Arpeggio Antics)</td>
</tr>
<tr>
<td>1pm-1.30pm</td>
<td>Drum Students</td>
</tr>
<tr>
<td>1.30-3pm</td>
<td>MICE Orchestra + Massed Choir (William Tell, Sound of Music, Panis Angelicus)</td>
</tr>
</tbody>
</table>

Please arrive 15 minutes before your scheduled practice time.

Practice times for Saturday the 1st November at the Civic Centre:

- Please arrive 15 minutes before your scheduled time

9:30-10:30  | Beginner Strings (Lightly Row, Twinkle Twinkle)                           |
10:30-12:00 | Mount Isa Concert Band, All Primary School Woodwind/Brass Students, Spinifex Band (March from Scipio and Clumsy Clown), (Smoke on the Water) |
12pm-1      | String Players (Playground Antics, Arpeggio Antics)                       |
1pm-1.30pm  | Drum Students                                                             |
1.30-3      | MICE Orchestra + Massed Choir (William Tell, Sound of Music, Panis Angelicus) |

PLEASE ARRIVE FOR THE ACTUAL CONCERT AT THE FOLLOWING TIMES

- Wind/Brass/Percussion Players – MICE Participants please wear MICE Uniform, all other WBPS students School Uniform – please meet in the Civic Centre Foyer (Mrs Pattison)

- String Players - MICE Participants to wear Mice Uniform, all other string students to wear School uniform – please meet in the Civic Centre Foyer (Ms Moore)

- Massed Choir students to meet dressed in School Uniform – side entrance of Civic Centre and meet your school supervisor.

- Spinifex Band Students please meet Mrs Pattison in foyer dressed in School Band Uniform.

Please Note: Civic Centre will open at 4:45pm for all Audience Members.

STUDENTS OF THE WEEK

<table>
<thead>
<tr>
<th>Pre B</th>
<th>Tyler Mc</th>
<th>3/4 G</th>
<th>Leslie N</th>
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<tbody>
<tr>
<td>Pre W</td>
<td>James L</td>
<td>4B</td>
<td>Holly L</td>
</tr>
<tr>
<td></td>
<td>Darshanne F</td>
<td>4W</td>
<td>Cambell H</td>
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<tr>
<td></td>
<td>Nate B</td>
<td>5 B</td>
<td>Alisha S</td>
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<tr>
<td></td>
<td>Amelia H</td>
<td>Emanuel P</td>
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<tr>
<td>1 B</td>
<td>Shannon R</td>
<td>5 W</td>
<td>Silvia M</td>
</tr>
<tr>
<td>1 W</td>
<td>Tamara R</td>
<td>6/7 B</td>
<td>Rebecca F</td>
</tr>
<tr>
<td>1 G</td>
<td>Lillyann R</td>
<td>6/7 W</td>
<td>Max H</td>
</tr>
<tr>
<td>2 W</td>
<td>Jacob M</td>
<td>6/7 W</td>
<td>Max H</td>
</tr>
<tr>
<td></td>
<td>Sabriye M</td>
<td>6/7 B</td>
<td>Rebecca F</td>
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<td>Fin P</td>
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<td>2 B</td>
<td>Jessie-May B</td>
<td>7 W</td>
<td>Caitlin D</td>
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<tr>
<td>3 B</td>
<td>Kaylee N</td>
<td>8 B</td>
<td>Cailtin D</td>
</tr>
<tr>
<td>3 W</td>
<td>Keanal B</td>
<td>9 B</td>
<td>David R</td>
</tr>
</tbody>
</table>
PUBLIC NOTICES

RATEP Intake 2015

RATEP is a community based teacher education program to enable Indigenous people to become qualified teaching assistants and/or registered teachers.

We are currently taking applications for the following courses:

- **Certificate IV in Education** (Aboriginal and Torres Strait Islander) part time studies of 18 hours per week for adult students. Applications close 6 March.
- **Diploma in Education** (Aboriginal and Torres Strait Islander) full time studies of 25 hours per week or part time studies of 13 hours per week (over two years) for adult learners. Contributes to one year of study in Primary Education at JCU. Application close 6 February.

Where: Spinifex State College Senior Campus  
Q Block, Room 5

Contact: Prue Pocock or Sharyn Pratap  
Ph: 4749 0180  
Email: ppoco3@eq.edu.au or sprat24@eq.edu.au

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Mount Isa Central State School  
90th Anniversary Celebration  
31 October, 2014

**PROGRAM**

1.00 pm Open Classrooms “Through the years”
2.10 pm Official Ceremony
2.50 pm Games on the oval
4.00 pm BBQ, Drinks and Hot Chips

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Please join us to celebrate the  
2014 Mount Isa and District  
GALA MUSIC CONCERT

Saturday 1st November  
5:00pm start  
Mount Isa Civic Centre  
FREE Admission  
The evening features:  
The Queensland Symphony Orchestra, Mount Isa Community Ensembles and a Massed Cho
Newsletter Article 2 – Confidence and Self-Esteem (Part 2)

From the Guidance Officer – Charmaine Gubbins, at Happy Valley School on Tuesdays, Wednesdays and every second Thursday.

Confident Thinking

Self-esteem is an important part of confidence. Having good self-esteem means accepting and feeling positive about yourself. Confidence is not just feeling good but also knowing you are good at something. Remember: ‘How I think affects how I feel.’

Particular ways of thinking are very important for building confidence. Helpful ways of thinking include:

- Believing that, if you try, you can succeed.
- Finding positive ways to cope with failure and being prepared to give it another go.
- Enjoying learning for its own sake by competing with your own performance rather than that of others.

(Adapted from www.kidsmatter.edu.au)

Alex A. Lluch, in his book 'Simple Principles to Raise a Successful Child' (2007) pp. 109-142, discusses the importance of fostering the development of children’s self-esteem and gives a range of strategies that adults can use to assist them in this important task.

Alex A. Lluch explains that “…. Self-esteem flourishes when children are given the freedom and opportunity to master tasks. This can begin from a young age eg. letting young children choose fruit or vegetables when shopping gives them a sense of accomplishment. Older children need freedom to explore their interests. Becoming involved in sports, clubs, groups and school activities allows children to see where their talents lie. When they succeed, they add another aspect to their identity. If they are not successful, they can move onto the next challenge where they may excel. Giving children of all ages chores around the house helps them to develop a sense of meaning as they contribute to the running of the household. They begin to view themselves as reliable and hardworking and their confidence increases. As parents, we show our children who they are by giving them feedback on what they do. If you honor, respect and praise your children’s feelings, thoughts and ideas, they will internalize that they are important members of society…” (pp.109-110, Simple Principles to Raise a Successful Child, 2005).

Among some of the strategies to foster the development of self-esteem in children, suggested by Alex A. Lluch in 'Simple Principles to Raise a Successful Child' are:

- **Compliment! Compliment! Compliment!** – this is one of the most basic principles and builds both self-esteem and confidence. Phrases eg. “You ate all your vegies! Wow!” , “You did a good job cleaning up your toys.” Reward children and let them know that they have done the right thing. When they know their efforts are recognised, children are happy to repeat them (p. 111).

- **Tell your children they make you proud** – children need to hear your approval as this lets them know that they fit well into the family. A child with a strong sense of belonging is more likely to follow family rules both when they are young and as a teenager (p. 112).

- **Encourage your children to complete homework, household and other tasks by themselves, even if you could do it quicker** - Children discover their skills by testing them out. Let younger children make their beds, older children wash up, set the table or unload the dishwasher. These activities foster children’s independence and self-worth and demonstrate that you have confidence in your child’s ability to handle problems and accomplish tasks (p.117).

- **Teach your children the benefits of exercise / Get your children involved in team sports** – exercise makes children strong physically and emotionally. They feel healthier, have more confidence and make friends more easily than those who do not exercise. Children who participate in organized team sports learn to socialize, make friends and deal with personal conflicts – all valuable skills for when they grow up (p. 113, 123).

- **Remember important events that your children will be involved with on a particular day** – Say things like “Good luck on your test today!” or “Drink plenty of water at your practice today, it’s very hot.” Statements like these let children know that you are aware of what’s going on in their lives. You could leave messages on the refrigerator or notes in their lunch box. When you take time to acknowledge your children’s activities they will feel you are genuinely connected to them (p.122).

- **Find extracurricular activities for your children that are not sports related** – eg. music, arts. The most important thing is to give your children the opportunity to excel in an area outside of school. These activities give children a larger group from which to derive a sense of belonging (p.124).

- **Say positive things about your children to others and make sure your children hear you** – this can be more powerful than directly telling them what you think of them (p.130).

- **Ask your children to teach you how to do something that they can do** – your appreciation of their skills will enhance their self-esteem (p.137).

- **When your children ask you how to do or fix something, teach them the skills involved** – show your children how to pump up a bike tyre, how to search the internet, how to make their own cereal. The more skills children can master, the more confidence they will have in their ability to conquer new,