Principal’s Comment

Welcome back to the last term of 2016. Believe it or not, there are only 7 weeks to go before Christmas holidays are upon us. We have so much more learning to happen in this time. Teachers are busy with the final units of the year before End of Year Report cards. Our Admin team is busy putting in the hours to plan for 2017. What a busy time it will be with Year 6 Celebration at the Irish Club, Transition days to High School for our Year 6 students, Rock, Pop, Mime happening this week, report cards to go home in the last week as well as Christmas Concert and many more things. It is always great to see the Happy Valley community get involved in the goings on of our school. Your support is wonderful to see.

STAFF TRANSFER NEWS

Teacher transfers have come out and it is sad to see the following people will be leaving our wonderful school. David Hunter is off to Mount Isa School of the Air, Teela Foot moves to Sunset SS, Renee Keong to Bounty Boulevard SS, Tameeka Erpf to Buddina SS, Emily Kemp to Longreach School of Distance Ed., Ian Scrimgeour to Sunset SS, and Scott Wilson to Brighton SS. We wish all these marvellous people every success as they eventually leave the best school in the state. We also have a number of new staff joining HVSS in 2017. Jason Stefanac comes from Upper Coomera College, Katelyn McGuire from Kurwongbah SS, Anna Prokop from Wilston SS and Deanne Pedersen (Graduate). I extend to these people a warm welcome and am sure they will be a vital part of our team. We will be made aware of the new Principal in the coming weeks once the interview process is completed.

WORLD TEACHER’S DAY

Friday 28 October is the day we celebrate World Teacher’s Day at Happy Valley. It would be great for you to wish our hard working teachers all the best and say thank you for their efforts on this day. Everyone deserves recognition of the magnificent job they are doing with our students.
QUADRENNIAL SCHOOL REVIEW (QSR)
This year we are required to perform a Quadrennial School Review. In this process, school staff, students, parents and community members formulate a plan for the improvement and growth of our school across the next four years. Attached to this newsletter is a feedback form that we ask you fill out and hand in to the office or email back to admin@happvalss.eq.edu.au. Please complete before Friday 21 October.

EXPRESSIONS OF INTEREST FOR PREP 2017
Currently we are looking at filling 3 classes in our Prep cohort next year. If you know of anyone who wants to send their children to Happy Valley, please encourage them to fill out paperwork at the Office and we will update them as enrolment time comes closer. Our Prep Open night is being held next Tuesday 18 October in the Hall. I would like to invite all prospective Happy Valley parents to attend and book in for the Open mornings and meet some of our amazing staff.

PARENTS AND CITIZENS ASSOCIATION
Our next Meeting will be held on Monday night, 7 November. This is the final meeting for 2016. The meeting will be at 6:30pm in the Meeting Room. We look forward to having as many voices as possible attend.

SOCIAL SKILLS AND SCHOOL RULES
Week 1 – Back to School Follow the Rules
Week 2 – Done and Dusted

CRICKET
Our school cricket team won the Western zone of the Milo T20 Blast competition in Term 1. We have now been asked to represent the Western zone in the State Cup finals on November 15 and 16. We will fly to Brisbane and play on Wednesday before flying home. This group of students display the exemplary behaviour that all our students do and I am looking forward to them showing what Happy Valley can do at Queensland Cricket headquarters.

ROCK POP MIME
I can’t wait for this Friday night as the 2016 Rock, Pop Mime show is on. Rock, Pop, Mime is being held on Friday night, 14 October at Tony White Oval. We look forward to seeing the smiles on everyone’s faces when we perform. Happy Valley will have an area towards the front of the stage and we encourage everyone to join us to cheer our amazing students along.

VOLUNTARY CONTRIBUTIONS
I would like to thank the parents who have already paid the Voluntary Contribution for 2016. The cost of $30 per student, covers other costs such as ingredients for cooking, special art requirements and other incidentals. This can be paid at any time to Belinda or Sam at the office, and will be receipted.

OLD UNIFORMS
If anyone has any used school uniforms lying around at home, could you please consider donating them to the school to use as emergencies and spares. We had a large stock of used clean uniforms but this has dwindled considerably recently. All you need to do is drop them at the Office or hand to Mrs Eussen at the Uniform Shop on Tuesdays and Fridays from 8:30 until 9:30.

PLAYGROUND USE BEFORE SCHOOL
For those families new to our school and for others that may need a reminder, we do not encourage children to be at school before 8am. Students are then expected to follow the ‘Sit on it’ social skill outside their classrooms. This includes Prep students playing on the playgrounds. There are no teachers rostered on duties at these times and children are not permitted on any play equipment, even if you are supervising them. Please help us with these safety issues.

Norm McNamara
Principal
Looks Like
- The end decision has been accepted.

Sounds Like
- The end of discussion.
- Students supporting the end decision.
- Friendly reminders that the decision was made.

Feels Like
- A positive outcome.
- Being treated fairly.
- The game can continue.

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INSTRUMENTAL GALA CONCERT

Saturday 5th November

Rehearsal Schedule
For all Instrumental Students

09:30 – 10:00  Combined Beginner Strings
10:00 – 11:00  MICE Concert & Beginner Band
11:00 – 12:00  MICE Jnr Strings Orchestra/Extension Beginners
12:00 – 12:30  Percussion Ensemble
12:30 – 13:00  MICE Performance Strings
13:00 – 14:00  MICE Snr Sting Orchestra
14:00 – 15:00  Spinifex Band

4:15pm  Band students return
4:30pm  String students return
4:45pm  Civic Centre doors open (audience)

Please arrive 15 minutes before your scheduled time.

ATTENDANCE TROPHY

Congratulations
2B – 99%
1B – 99%
4B – 99%
3S – 99%

On having the best attendance in week 1 Term 4.
FROM THE HOC  
Glenys Smith

**Term 3 English, Maths and Science Achievement**

At Happy Valley we have set key targets in these learning areas for 2016 and are committed to working together to ensure that every child achieves individual success. **We are aiming for 80% of students to attain a C or better in English, Maths and Science.** As part of this commitment staff are working to analyse daily student work samples to set individualised learning goals and inform the next phase of teaching. We are very proud of the students’ achievements from Term 3 with 78% of Years 1-6 students achieving a C or better in these areas and we look forward to using this information to ensure continual success.

**Spotlight on Year 4 Civics and Citizenship**

This term the Year 4s are engaging in a unit of study titled, ‘Belonging and contributing to the local community’. As part of this unit they are investigating how the local government, Mount Isa City Council contributes to community life. On Thursday the students are lucky to have a visit from Councillor Jean Ferris to give some insight into her role and the projects the council are currently undertaking. Later in the term Councillor Ferris will return to answer the investigation questions the students devise. In advance, thank you Councillor Ferris for your visit!

**Mathletics Medallists**

Congratulations to all the students who have been consolidating and extending their Mathematics knowledge and understanding by accessing the Mathletics online resource. During Term 3 the following students have received one or more certificates for their Mathletics efforts.

**Bronze Certificates received during Term 3:**
- Prep – Zoe D, Maddison L and Dennekka S;
- Year 1 – Liane V, Minke A, Lily C and Jake M;
- Year 2 – Abraham G, Nathan H and Georgia W;

**Silver Certificates received during Term 3:**
- Year 1 – Liane V;
- Year 2 – Nathan H;
- Year 5 – Luke H and Tia P;

A special mention to Nathan H (Year 2), Jenisha A (Year 6), Tayla B (Year 6), Faith F (Year 6), Blake P (Year 6) and Luke H (Year 5) who received a Gold Certificate!

A reminder to all parents and carers that your child has 24-hour access to Mathletics using a unique username and password. If you have misplaced your child’s log-in details please see your child’s teacher.
**UNIFORM SHOP OPENING TIMES**

Tuesdays: 8.30am – 9:00am  
Fridays: 8.30am – 9.00am  

NB Can do orders & payments (credit card) over phone for collection at office.

Orders can also be placed at the Tuckshop between 8.30am – 1.30pm (Mon/Wed/Thurs) for collection at a later date.  
*Larger sizes available (up to XXL)*

**EFTPOS AVAILABLE IN UNIFORM SHOP**

ANYONE WITH SECOND HAND UNIFORMS AT HOME IS ENCOURAGED TO DONATE THEM TO THE SCHOOL. DROP THEM INTO THE FRONT OFFICE.

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**SPINIFEX YEAR 6 TRANSITION DAY**

Tuesday 25th October  
8:00am – 2:15pm  

This is for all students in Year 6 regardless of which school they will be attending next year.

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**PREP 2017**

Expressions of Interest are now being taken for Prep 2017. If you have a child that will be starting Prep in 2017, please register your interest at the office. Please see below for upcoming dates:

**Prep Information Night**  
Tuesday 18th October 6:30pm – 7:30pm

**Prep Open Days**  
Tuesday 1st November  
Wednesday 2nd November

**Enrolment Interviews**  
Monday 14th November  
Wednesday 16th November

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**THANK YOU!**

A big thank you to Miles St Woolworths, Roger Locke & Co & Clancy’s Corporation for supporting our Rock Pop Mime Performance!

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**GOOD SHEPHERD CATHOLIC COLLEGE**

**YEAR 6 ORIENTATION DAY**  
Tuesday 18th October  
8:20am – 3pm

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**Hot Diggity Dog**

**FRIDAY Hot Dog Meal Deal**  
Hot Dog & Drink $6.00  

Happy Valley P & C are kindly donating all profits of the sale of the hot dogs towards the 2017 Year 5 School Camp!
On Thursday the 6th October we had a very special guest visit, local author Jacqueline Harris read her newly published book Mrs Maver’s Magic Cat to our Prep and Year 1 students.

Rock Pop Mime this Friday

Our Rock Poppers are ready to dazzle and delight Mount Isa this Friday with their performance of Mystery Shopper. They have worked very hard over the last term and would love the school community to come and show their support. Rock Pop Mime commences at Tony White Oval at 7pm, with gates opening at 5pm. Entry is $3 per person or a family of 4 is $10. A variety of food and drinks will be available for purchase.

I’d like to take this opportunity to acknowledge Woolworths Mount Isa, Roger Locke & Co and Clancy Sign Centre for their generous donations and support towards our performance. Also a huge thank you to the staff who have given up large amounts of their own time to ensure the students are well-rehearsed and have an amazing Rock Pop Mime performance. We hope you love the show!

Glenys Smith
Rock Pop Mime Coordinator
Teach kids to solve problems

When parents solve all children’s problems we not only increase their dependency on adults but we teach them to be afraid of making mistakes. That’s fertile ground for anxiousness and perfectionism, which often go hand in hand.

Of course, if you keeping solving them, they’ll keep bringing them. “Mum, my sister is annoying me?” “Dad, can you ask my teacher to pick me for the team?” “Hey, I can’t find my socks!”

It’s tempting if you are in a time-poor family to simply jump in and help kids out.

Alternatively, you can take a problem-solving approach, cueing them to resolve their own problems and take responsibility for their concerns. “What can you do to make her stop annoying you?” “What’s the best approach to take with your teacher?” “Socks, smocks! Where might they be?”

Here are 5 questions you can ask kids to encourage them to resolve their own problems:

1. “Can you solve this yourself?” Get kids thinking they can do it.
2. “What do you think needs to happen?” Start kids thinking about solving problems.
3. “What’s the first step?” Sometimes just getting kids started is enough to get them working out issues themselves.
4. “How would you like me to help?” Get kids considering the type of assistance they need.
5. “What’s the best way to do this?” Get kids assessing and prioritising.

Problem-solving is one of the four major skills (optimism, social skills & independence being the others) that resilient kids share, yet it’s the one that many of us aren’t equipped to develop. Start by stepping back and asking good questions when kids bring you their problems to solve.

Michael Grose
From the Guidance Officer – Charmaine Gubbins, at Happy Valley School on Tuesdays, Wednesdays and every second Thursday.

October is National Bullying Prevention month. I recently came across this article and thought that it would be very relevant as it presents information about a form of bullying that we often see but may not have known the term for – Relational Aggression. I read the article on the ‘a mighty girl’ website and the following is a link to the full article.

https://m.facebook.com/amightygirl/photos/a.360833590619627.72897.316489315054055/911364372233210/?type=3

Better access to the Wall Street Journal article mentioned on the ‘a mighty girl’ website is gained via the link given to - The Australian - below. Relational Aggression involves using the threat of removing friendship, ostracism, and other forms of social exclusion and has been reported to appear in children as young as three years old. Examples include coercing other children not to play with someone else or threatening not to invite them to your birthday party if they don’t do what you want them to do. While a more subtle form of bullying, it can be just as hurtful or more so than physical bullying and aggression (The Australian – see link to story below).

Relational Aggression (all information comes from the article in the Australian, see the link below) –
- is typically more common in girls
- often described as ‘mean girl’ behaviours
- occurs across all year levels at school and even prior to school age
- tends to increase with age unlike physical aggression, often peaking in middle school
- often children don’t understand that manipulating friendships and relationships is bullying
- is overwhelmingly reported as more hurtful than physical aggression
- is also linked to health problems, such as depression and anxiety

Relational Aggression can be reduced or addressed through (information comes from the article in the Australian, see the link below) -
- Simple lessons in empathy – “Imagine how it would feel if someone did that to you?”
- Parents and teachers working together with both the victim and the bully/ies in relation to empathy and developing other friendships.
- Children telling the teacher if relational aggression is happening so that the teacher can help them to work it out.

At Happy Valley State School the whole school social skills program addresses issues such as those encountered in Relational Aggression and group programs such as Fun Friends and Friends for Life are run within the school to assist students to develop resilience and problem solving skills and to reduce anxiety.

The full article about Relational Aggression in young children in the Wall Street Journal can be found at:

Two books for young children that address relational aggression, “Trouble Talk” for ages 6 to 9 (http://www.amightygirl.com/trouble-talk) and “My Secret Bully” for ages 5 to 8 (http://www.amightygirl.com/my-secret-bully).

A helpful resource for older children (7 to 12) that addresses bullying of all types and help kids learn how to stand up for themselves and others in a positive, productive manner is ”Stand Up for Yourself and Your Friends” at http://www.amightygirl.com/stand-up-for-yourself-and-your-friends

For parenting resources that deal specifically with relational aggression, “Little Girls Can Be Mean: Four Steps to Bully-Proof Girls in the Early Grades” (http://www.amightygirl.com/little-girls-can-be-mean), which tackles relational aggression in the early grades, and “Queen Bees and Wannabes” (http://www.amightygirl.com/queen-bees-and-wannabes), which discusses relational aggression tactics among tweens and teens.

For other information on bullying: