Principal’s Comment

Welcome to our last newsletter for Term 2. The busy term winds to an end but we must remember our Social Skill, ‘It’s not over till it’s over’. School is happening until 2:30pm on Friday the 24.

Recently we held interviews for the permanent positions of Schools Officer and Deputy Principal. I would like to congratulate Mr Ken Loney on being the successful applicant for the Schools Officer position and Mrs Hayley King as the successful Deputy Principal applicant. On behalf of the Happy Valley team I would like to thank Mrs Walsh for her work as our Acting Deputy for the last 6 months.

The Federal Election is on again. On the middle Saturday, 2 July, we will be hosting a Polling Booth here at school. Please remember that our school is for authorized community use as well as for school use.

During the holidays, there will be school staff in the grounds during the day on most days. I ask again that if you see anyone who you believe should not be on school grounds after hours to please contact Mount Isa Police on 4744 1111 or School Watch on 131 788.

Teachers have been busy completing Semester One report cards. We are currently proof reading and these will be sent home next week.

During the past week I was involved in the coaching of the North West Primary Girls Soccer team in Stanthorpe. Apart from one very cold day (1.8 degrees) we had a great time. Happy Valley had two boys represent, being Nate and Retief. Both of the boys behaved admirably and their attitude was excellent. I would like to congratulate them for being excellent ambassadors for our school.

ATHLETICS CARNIVAL

Next week will be our annual Athletics Carnival. 800m will be run at 1:30pm on Monday, Field Events and 100m/200m heats on Tuesday for all 10-12 year olds and then the whole school will be out on Wednesday. Championship 100m races will be followed by junior 50/60/80 metre races then rotations. Only Year 4 (10 year olds) to Year 6 will compete for the rest of the day. Prep to 3 will return to class from middle session.

RODEO

This year the Department of Education have allocated a Pupil Free Day for Rodeo Friday. This means that instead of the Pupil Free Day in October, students will not be required at school on Friday 12 August, the Mardi Gras day. Teachers will all be hard at work here at school.
PARENTS AND CITIZENS ASSOCIATION
Our next Meeting was held this week. It was great to see the members arrive and take part in the meeting. Our next meeting is to be held on Monday 18 July at 6:30pm in the Meeting Room. This is Week 2 next term. See you there.

SOCIAL SKILLS AND SCHOOL RULES
Week 10 – It’s okay to be angry, it’s what you do with that anger that counts
Week 11 – It’s not over till it’s over

AUSSIE QUICK QUILTS
Over the past few years, Mount Isa has been visited by a group called Quilt in a Day. They hold quilting workshops for anyone interested and with their guidance, people make a quilt in a very short time. The business has changed its name and is now known as Aussie Quick Quilts. Happy Valley has supported them for the past two years with the use of our Hall. Leanne and Ralf have contacted me and they will be holding their next Mount Isa course on 9th July. This is the weekend before school returns in the June/July holidays. If you wish to book in to their course, please go online to aussiequickquilt.com and you will find more details. Positions are being filled fast.

YEAR 5 CAMP
Our Year 5 Camp to Lake Tinaroo is fast approaching (Week 9 in Term 3). The cost will be $455 and is due by August 1. The school is covering the cost of the bus with our Rural and Remote funding. If you have any questions, please do not hesitate to call Mr. Walsh at the Office.

23rd AVENUE DROP OFF ZONE
In the last few weeks, we have noticed a number of parents acting dangerously around the 23rd Ave Drop Off Zone. Please heed the road signs that warn of turning right out of the zone. This is illegal and the police will issue citations for breaking this rule. Also, if you are a parent who stops on the opposite side of the road and calls your children over, please refrain from this. A minute of your time that you take to set a good example for your child and others may just be the difference in saving lives. I wish to not see any Happy Valley child being tended to by ambulance officers when the situation could be easily avoided.

NAIDOC WEEK
During the second week of Term 3, we will celebrate the contributions made to our country by the Indigenous forefathers and their ancestors. We will be celebrating on Monday 18 July Tuesday 19 July. If you would like to join us on the day, please sign in at the office and enjoy our celebration with local Elders led by our own Mrs Ang. Marshall.

VOLUNTARY CONTRIBUTIONS
I would like to thank the parents who have already paid the Voluntary Contribution for 2016. The cost of $30 per student, covers other costs such as ingredients for cooking, special art requirements and other incidentals. This can be paid at any time to Belinda or Sam at the office, and will be receipted.

PLAYGROUND USE BEFORE SCHOOL
For those families new to our school and for others that may need a reminder, we do not encourage children to be at school before 8am. Students are then expected to follow the ‘Sit on it’ social skill outside their classrooms. This includes Prep students playing on the playgrounds. There are no teachers rostered on duties at these times and children are not permitted on any play equipment, even if you are supervising them. Please help us with these safety issues.

REWARD FREE DRESS DAY
As we have reached our whole school reward, each class has been given the task to choose their own theme for next Friday (24 June). Below is the list of themes for each class. I would like to remind students that suitable footwear must be worn and our sunsmart rules apply (no strapless or shoe string tops) as well as no inappropriate designs or slogans on clothing. This is not a gold coin donation day.

Norm McNamara
Principal
MONDAY 20th JUNE
1:30 – 2.30pm 800m  10, 11 & 12yo only

TUESDAY 21st JUNE
Senior Sports Carnival (10, 11 & 12yo)

<table>
<thead>
<tr>
<th>Time</th>
<th>10yo Boys &amp; Girls</th>
<th>11yo Boys &amp; Girls</th>
<th>12 yo Boys &amp; Girls</th>
</tr>
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<tbody>
<tr>
<td>9:00 - 9:30</td>
<td>Long Jump</td>
<td>100 metre</td>
<td>Discuss</td>
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<tr>
<td>9:30 – 10:00</td>
<td>Discuss</td>
<td>Long Jump</td>
<td>100 metre</td>
</tr>
<tr>
<td>10:00 – 10:30</td>
<td>100 metre</td>
<td>Discuss</td>
<td>Long Jump</td>
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<td>10:30 – 11:10</td>
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<td>11:10 – 11:30</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>11:30 – 12:00</td>
<td>High jump</td>
<td>200 metre</td>
<td>Shot put</td>
</tr>
<tr>
<td>12:00 – 12:30</td>
<td>Shot put</td>
<td>High jump</td>
<td>200 metre</td>
</tr>
<tr>
<td>12:30 – 1:00</td>
<td>200 metre</td>
<td>Shoot put</td>
<td>High jump</td>
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<td>1:00 – 1:30</td>
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<td>1:30 – 2:30</td>
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SECOND BREAK

Finalise any unfinished events.
Teacher versus Student relays (time permitting).

WEDNESDAY 22nd JUNE
8:30am-10:30am Prep-Year 2
8:30am-2:30pm Year 3-Year 6

8:45         MARCH PAST/ war cries
9:05 – 9:10  Students to move to house areas and be seated.  100m Championship competitors to move to marshalling area.
9:10 – 9:20  10 years 100m Championship race
9:20 – 9:30: Prep participation races (50m races) then move to Prep rotation area and complete activities
9:30-9:40:   Year 1 participation races (60m races) then move to Year 1 rotation area and complete activities
9:40-9:50:   Year 2 participation races (80m races) then move to Year 2 rotation area and complete activities
9:50-10:00:  Year 3 participation races (80m races) then move to year 3 rotation area and complete activities
10:00-10:10: 9 years participation races (80m races) Join Year 3 rotation area and complete activities
10:10-10:30: 10’s 11’s and 12’s to complete fun 50m relays with grade 4, 5 and 6 teachers.

FIRST BREAK
11:20-11:30 200m championship sprints – 10, 11 and 12 year boys & girls
11:30-1:00  Years 3-7: Ball games - Captain Ball, Tunnel Ball & Leader Ball & Teacher versus student relays

SECOND BREAK
1:30  Children to meet at classrooms for roll calls
1:40  Whole school assemble on oval for final war cries and presentation
**Students of the week**

**Prep White**
- Evan R
- Bronson L
- Jordon W
- Jake W

**1 Blue**
- Callum V

**1 White**
- Luka E
- Minke A

**1 Gold**
- Seth W

**2 Gold**
- Paige M
- Ava M

**2 White**
- Emily V
- Antonia R

**2 Blue**
- Evan L

**3 Gold**
- Bridie N
- Joshua J

**3 Silver**
- Ryan K

**3 Blue**
- Ally D

**4 White**
- Pratik S
- Klaire R

**5 Gold**
- Taylor C
- Connor H

**5 Blue**
- Clayton S
- Zanri N

**6 White**
- Sophie M
- Leslie N
- Latisha W

**6 Blue**
- Gabriell F
- Liam M

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**ATTENDANCE TROPHY**

**CONGRATULATIONS**

**4G – 98%**
**3S – 98%**

On having the best attendance in week 8 & 9 at Happy Valley State School

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**SOCIAL SKILLS**

**Is it a catastrophe?**

**Looks Like**
- Students taking a deep breath before reacting
- Thinking about how serious the situation really is

**Sounds Like**
- Students using appropriate words to deal with situations
- Not using over the top reactions – using a cool and calm voice to deal with situations

**Feels Like**
- Students in control of their emotions when dealing with situations
- Students feeling good that they have handled the situation well with resilience

‘It’s ok to be angry, it’s what you do with that anger that counts’

**LOOKS LIKE**
- Students controlling their temper
- Students choosing to leave heated situations
- Students identifying when a situation is getting out of hand
- Students choosing appropriate time to resolve a problem
- Safe place to go (library)

**SOUNDS LIKE**
- Calm voice
- Listening to others
- Footsteps walking away

**FEELS LIKE**
- In control of self
- An understanding of how you are feeling
- A realisation that it is time to calm down.

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**NO SCHOOL BANKING WEDNESDAY 22nd JUNE**
Artwork on Display at Mount Isa Show

If you are heading to the show this weekend be sure to check out some of the wonderful artwork the Year 1 and 5 students have produced this year which has been entered in the Under 8 years and Under 12 years categories respectively.

The Year 1s created a 2D self-portrait using the Visual Arts elements of colour and line to express feelings. Year 5 students created an artwork using a wide range of Visual Arts elements and concepts to contrast good and evil in the development of a fantasy character.

The following students’ work was selected by the Leadership Team to be entered after a viewing of the year level’s completed pieces: Dan O (1G), Emily W (1G), Liane V (1B) and William C (1W); Charlotte J (5B), Ben D (5W), Gethrude H (5W) and Kheezez (5W).

Congratulations to all our Year 1 and 5 budding artists on producing such high quality work this semester.

Spotlight on Year 3 Science

This term the Year 3s have studied the rotation of the Earth and how this produces night and day. As a culminating activity they represented and communicated their understanding using diagrams and scientific language in creative multimodal presentations. Next week, some of the students will have the opportunity to present their work to Mr Grant Salmond, Science teacher at Spinifex State College Senior Campus. He will also make an interactive presentation to deepen the students’ scientific understanding. The students are most looking forward to this opportunity.

Well done to our Year 3 scientists and to their teachers for producing such high quality work. Thank you, in advance, to Mr Salmond for sharing his love of Science with us.

Report Cards

Next Tuesday 21/6 all students will bring home their Semester 1 Report Card. This report card serves to evaluate your child’s work in Term 1 and 2 against the year level Achievement Standard of the Australian Curriculum in:

- English,
- Mathematics,
- Science,
- History,
- Geography,
- Economics and Business (Years 5 and 6 only),
- Health,
- Physical Activity, and
- Digital Technologies (Years 2 and 3 only).

Queensland’s Essential Learnings are used to make a judgement on your child’s work in:

- The Arts (Years 1-6 only) and
- Japanese (Years 5 and 6 only).

Prep students will also receive comments on their progress with Active Learning Processes and Social and Personal Learning in line with the Early Years Curriculum Guidelines.

An explanation of the rating codes used are on the front page of the Report Card.

As part of our commitment to have open communication between home and school to ensure individualised success parent-teacher interviews will also be offered at the start of Term 3 to discuss this report and your child’s progress towards meeting their SMART goals set in Term 1 in more depth. We trust these reports and interviews will be mutually beneficial.
COME & GET YOUR HOT DOGS!!

SPORTS CARNIVAL HOT DOG MEAL DEAL

WEDNESDAY 22nd June
(1st break)
Hot Dog $3.50
Hot Dog & Drink $5.00
(Drink is your choice of popper, flavoured milk, slushy or water)

Only hot dogs will be available at Tuckshop on this day.

Please have your order & money to the Tuckshop by Monday 20th June.

Spinifex Gifted & Talented Notice

Please note that there will be no bus running for Gifted & Talented program on Tuesday 21st June due to our Sports Carnival being held on that day.

Come join us for the Happy Valley Art Club Exhibition!

Thursday 23rd June, 2:45pm in the school hall
Celebrating the fabulous achievements of the Happy Valley State School Art Club!

Australian violin virtuoso, ATTILIA SAUTOV
with Ukrainian pianist, OLEG POLIANSKY

Duo Recital
Sautov and Poliansky will showcase masterful duets, including Massenet's Meditation from the Opera Thais, and works by Bach, Handel, Gluck, Mozart, Paganini, Ravel, Brahms & Mendelssohn. Poliansky will also perform solo piano pieces by Chopin, Rachmaninoff, Tchaikovsky & Scriabin, plus Beethoven's Moonlight Sonata.

7 PM, FRIDAY JULY 22ND
OUTBACK PARK AMPHITHEATRE
Outback At Isa, 19 Marian Street
TICKETS: $35 each
Price includes a plate of canapés & a beverage
Tickets available NOW from Outback At Isa
Could try harder… always does her best …

lacks concentration … easily distracted …

a pleasure to teach … Do these comments, taken from a batch of student reports sound familiar? Student reports bring mixed feelings for parents. Pleasure and pride if they are performing well but considerable angst when children are not progressing as you hoped.

Reports can mean anxious times for children too. Will my parents be disappointed or proud? This is the main concern of most children. Kids of all ages take their cues from their parents, so your reaction to their school report can affect the way they see themselves as learners and as people.

Before you rip open the sealed envelope containing the report do a little self-check to see if you are in the right frame of mind:

1. Are your expectations for your son or daughter realistic and in line with their ability?

Expectations are tricky. If they are too high then kids can be turned off learning. Too low and there is nothing to strive for. Pitch your expectations in line with your child's abilities. A quick check of your child’s last report cards may provide you with a good yardstick.

2. Do you believe that children learn at different rates?

There are slow bloomers, late developers and steady-as-you-go kids in every classroom, so avoid comparing your child to siblings, your friends’ children and even yourself when you were a child. Instead look for individual progress.

3. Are you willing to safeguard your child's self-esteem rather than deflate it?

Self-confidence is a pre-requisite for learning, so be prepared to be as positive and encouraging as possible. School reports come in different formats. Some are prescriptive while some use grading systems such as A, B, C, etc. with room for teacher comments. Regardless of the format school reports should provide you with an idea of your child’s progress in all subject areas, their attitude and social development.

Here are some ideas to consider when you open your child's report:

- Focus on strengths. Do you look for strengths or weaknesses first? The challenge is to focus on strengths even if they are not in the traditional 3Rs or core subjects.

- Take into account your child’s effort and attitude to learning. If the report indicates that effort is below standard, then you have something to work on. If your child is putting in the required effort, then you cannot ask any more than that, regardless of the grading.

- Broaden your focus away from academic performance to form a picture of your child’s progress as a member of a social setting. How your child gets along with his or her peers will influence his happiness and well being, as well as give an indicator to his future. The skills of independence and co-operation are highly valued by employers so don’t dismiss these as unimportant.

- Take note of student self-assessment. Kids are generally very honest and will give a realistic assessment of their progress. They are generally very perceptive so take note of their opinions.

- Discuss the report with your son or daughter talking about strengths first before looking at areas that need improvement. Ask for their opinion about how they performed and discuss their concerns.

After reports are read and discussed celebrate your child’s efforts with a special activity or treat. In this way you will recognise progress and remind them that the holidays are just around the corner when they can forget about assessment, tests and reports for a while.
From the Guidance Officer – Charmaine Gubbins, at Happy Valley School on Tuesdays, Wednesdays and every second Thursday.

With school holidays coming up we have the opportunity to spend more time with our children doing things that we may not usually have time to do during the rush of the school term. The holidays can be a chance to have more time to have fun, laugh and make lifelong memories with your children while at the same time benefiting the health of everyone in the family.

How is it that the sound of laughter is far more contagious than any cough, sniffle, or yawn?

Laughter is a natural part of life. The part of the brain that connects to and facilitates laughter is among the first parts of the nervous system to come on line after birth. Infants begin smiling during the first weeks of life and laugh out loud within months of being born. Even if you did not grow up in a household where laughter was a common sound, you can learn to laugh at any stage of life. Now is the time.

While humour and laughter can cause a domino effect of joy and amusement for anyone in range, it is well researched that this activity can make us healthier.

Though it can be difficult to define what exactly makes humour funny, laughter has long been considered helpful to the healing process. Substantial research indicates that humour and laughter play a health role. Did you know that laughing:

- exercises the internal organs (great for the stomach muscles and the cardiovascular system),
- with all that mouth opening and deep breathing, laughing gets more oxygen to the brain (to enhance alertness and thinking),
- boosts endorphins (natural mood-elevating and pain-killing chemicals),
- strengthens the immune system (to help fight off disease.)

Laughter has also been shown to improve pain tolerance, reduce stress, lower blood pressure, and protect the heart. The social effects too are many. They include:

- improving a person’s optimism and outlook on life
- connecting you to others – others will want to spend time with you
- fostering instant relaxation
- and most importantly IT MAKES YOU FEEL GOOD

Unlike more invasive therapies, laughter therapy is cheap and has no harmful side effects - not bad for such an enjoyable activity.

But Humour must be used with care. Children should not be exposed to inappropriate adult humour. Never use humour to offend or shame another person. It’s not about laughing at another person but ensuring everyone enjoys the joke. If you feel a need to laugh at someone make sure that that someone is you.

Some activities that invite laughter and may benefit your child and you:

- Watch comedy DVD’s and TV shows. Look up funny clips on uTube to share with the family.
- Visit the circus – do some clowning around yourself.
- Listen to comedy while driving – the news these days is very depressing.
- Read comic authors/ tell jokes. Choose a funny children’s story and read it together over the holidays.
- Seek out funny people - spend less time with overly serious people. Get together with family and friends and do some fun activities eg. games, riding a bike / scooter, go camping and make up skits to perform at night.
- Start humour into conversations. Tell and invite funny stories
- Just practise smiling and laughing. If you have to - ‘fake it till you make it’
- Play games together – board games, sports, card games – all provide an opportunity to have fun and laugh.
- Go to the library and borrow some joke books for kids. Children might like to have a joke to tell over dinner – a bit like at Christmas when you get jokes in crackers and tell the joke to everyone.