

Happy Valley State School Newsletter

No. 14 dated 04/09/15

DATES TO REMEMBER



September

- 4th Interschool Sport – AFL / Softball
- 6-12th Yrs 5/6 Camp – Lake Tinaroo
- 7-12th Term 3 Book Fair: 8.00-8.30am & 2.30-3.00pm

HV TRAINING & PRACTICES

MON 2:30 – 4:30pm Rock Pop Practice

OFFICE DISPLAY – WKS 7 & 8 Term 3

1 White

PARENTING IDEAS TOPIC

Don't Yell, Move Closer



Principal's Comment

As Term 3 rushes to close for 2015, our school continues to hum along. All classes have caught up on the work that people missed during the time of illness after rodeo and I know that the teaching staff are looking forward to a short break to recover. This week has seen a wonderful Father's Day Stall run by our P&C (Happy Dad's Day boys), the most excellent Fun Run yesterday and next week our Year 5 & 6 students go to Lake Tinaroo for camp.

Recently I received the data from our NAPLAN tests. Whilst this is only a point in time test, the Education Department uses this data to help track improvement in our students. I am proud to say that when we look at the data from 2008 to 2015, the relative growth in our children's achievements has been consistently wonderful. Our improvement compared to the National Mean Scale Score has improved in all areas of testing. This year's cohort of Year 3 and 5 students achieved overall better in every test than the last 5 years. Well done students and also teachers and teacher aides.

Expressions of Interest for Prep 2016

We currently have about 30 places left in Prep for next year. If you know of anyone who wants to send their children to Happy Valley, please encourage them to fill out paperwork at the Office and we will update them as enrolment time comes closer.

Our Prep Open night is being held on Tuesday 20th October in the Hall. I would like to invite all prospective Happy Valley Prep parents to attend and book in for the Open mornings and meet some of our amazing staff.

Year 5/6 Camp

Well, it is here! Our Year 5/6 students and teachers leave on Sunday for this year's school camp at Lake



Norm McNamara – Principal

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Tinaroo. I would like to wish you all a wonderful time and know that you will enjoy every minute of it. I think it will be the parents who suffer the most while their children are away. Rest assured, they will be kept busy throughout the week and Saturday will roll around fast. I would like to thank Mrs Train for all of the lead up work she has done in organising the camp and the teachers who are just as eager to go.

Fun Run & Fundraising

Our P&C Fun Run was held yesterday and as you can see by the photos, everyone had an amazing day. Cinderella, her horrible Step Mum and two Ugly Step Sisters (and Prince Charming) stole the show. The costumes were varied and very entertaining. Thank you to Mrs Long and Mr Gason for the organisation around the day. A reminder that all money raised was to be handed in to the Office by yesterday, however if you have any outstanding money at home please drop this to the office ASAP.

Tuckshop Orders

We would like to bring to your attention that the preferred Tuckshop purchasing procedure is via order placement prior to first break. There is limited stock available for purchase during lunch breaks for those students that arrive at the Tuckshop with their money to buy lunch items. There is however snack like foods readily available for purchasing during these breaks.

Road Safety

Please be aware that the Bus Zone in Brilliant Street is not a convenient 'Drop and Go' zone for parents. We have a number of buses, including PCYC who leave our kids at this zone and it is important that you all leave it free. Children are capable of walking short distances from wherever a car park is found. Also, we have noted the increasing number of parents who drop on the opposite side of Brilliant Street and wait for their children to run across the road. Some children even get out of the car on the road side of the vehicle not the gutter side. I realize that our school has grown and that parking space is

now at a premium. Please consider the legalities of what you are doing, the example you are setting for our children, and the safety of everyone involved in our community. This is paramount to all. Number plates will continue to be sent to Queensland Police.

Lost Property

As always at this time of year we have huge amounts of lost property gathering in our school. If your child or children have lost anything, please have a look in the wet area of each module. It would make things so much easier to find or return if names were on everything. Your diligence with this is appreciated.

P&C

Our next P&C Meeting is to be held at 6:30pm on Monday 14 September, which is the last week of term. We would love to see as many people attend as possible. A big thank you to the parents who have been counting money for Fun Run and even sticking our Earn and Learn stickers onto the sheets. It has become quality family time in the McNamara household as we all sit around a bag of stickers and chat about everything whilst we stick. See you all at the P&C Meeting.

Expressions of Interest – Schools Officer (Grounds and Facilities)

HVSS require an enthusiastic & motivated person for the temporary position of Schools Officer with the possibility of permanency.

The commission for Children and Young People Act 2000 requires the preferred applicants to be subject to a working with children check.

Please drop Resume to the office for the attention of Shevaun Hilton.

Earn & Learn (Woolworths)

We are excited to be taking part in the Woolworths Earn & Learn program. You can help our school by collecting Woolworths Earn & Learn Points. Just collect Woolworths Earn & Learn Points when you shop at Woolworths between Monday 15 June and

ELECTRONIC NEWSLETTER

As of Term 4 our Happy Valley newsletter will no longer be distributed in a hard copy format. Our newsletter will be available online at our school website <https://happvallss.eq.edu.au> and emailed to families who have provided us with an email address.

In order for this to transition smoothly, we require all families to provide one a preferred email address and request that you complete the email notification slip included in this newsletter sometime within the next 2 weeks and return to the office. This will ensure that you are included in our distribution list and/or we have your most current email address.

Alternatively, in the near future we will be progressing towards the use of the QSchools App for mobiles to notify you of school news.



COUNTDOWN = 2 weeks
to supply your email address

Tuesday 8 September 2015. We will redeem these for awesome educational resources for our school.

Once stickers are collected, simply pop them onto a Woolworths Earn & Learn Points Sheet and bring it back to school or drop it into the Collection Box at your local Woollies. Our collection box is located in the Office Foyer and you can collect Sticker Points Sheets from the Office as well. The more we collect, the more we can redeem. There are thousands of products available through the Woolworths Earn & Learn program, and we'd like to get lots of new gear! Products in the range include resources for mathematics, English, science, art & crafts, through to sports gear, library supplies and more.

We are grateful for your support and look forward to a successful program. If you have any questions, please ask at school.

Voluntary Contribution

At the March P&C Meeting, it was ratified that Voluntary Contributions will remain the same as 2014, being \$80 for a Prep student and \$30 for students in Year 1-6. Payment can be made at the school office.

Norm McNamara
Principal



WEEKS 6 & 7 – TERM 2 AWARDS

STUDENTS OF THE WEEK

<i>Prep B</i>	<i>Jeriah N</i> <i>Liane` V</i> <i>Zac G</i> <i>Charlotte I</i>	<i>2 Gold</i>	<i>Ryan M</i> <i>Tamara R</i>
<i>Prep G</i>	<i>Acacia K</i> <i>Dan O</i> <i>Coby L</i> <i>Bradley Mc</i>	<i>2 Silver</i>	<i>Skye B</i> <i>Jade L</i>
<i>Prep W</i>	<i>Michael B</i> <i>Archie S</i> <i>Seth W</i> <i>Lily C</i>	<i>3 Blue</i>	<i>Gunure H</i> <i>Brodie V</i> <i>Rhys O</i>
<i>1 Blue</i>	<i>Nathan H</i>	<i>3 White</i>	<i>Tiarna W</i> <i>Dylan J</i> <i>Taylor C</i>
<i>1 White</i>	<i>Amitoj H</i> <i>Aston M</i>	<i>3/4 Silver</i>	<i>Ella-Rose S</i> <i>Jazmin P</i>
<i>1 Gold</i>	<i>Emilie G</i>	<i>4 Blue</i>	<i>Jarrold M</i> <i>Ashton P</i>
<i>2 Blue</i>	<i>Jaiden T</i>	<i>5 Blue</i>	<i>Nicole R</i> <i>Teatua Rui</i>
<i>2 White</i>	<i>Renisha A</i> <i>Ngakau T</i>	<i>5 White</i>	<i>James B</i> <i>Misha G</i>
<i>2 Gold</i>	<i>Ryan M</i> <i>Tamara R</i>	<i>6 Blue</i>	<i>Cooper N</i> <i>Delta B</i>
		<i>6 White</i>	<i>Darcy G</i>

MUSIC AWARDS

<i>Maddison T</i>	Level 1.4 Flute	<i>Willow S</i>	Level 1.2 Flute
<i>Jodie J</i>	Level 1.3 Clarinet	<i>Sophie M</i>	Level 1.3 Euphonium
<i>Ella B</i>	Level 1.2 Clarinet	<i>Amelia W</i>	Level 1.3 Flute
<i>Xander K</i>	Level 1.3 Flute	<i>Issabella B</i>	Level 1.3 Saxophone
<i>Max S</i>	Level 1.1 Euphonium	<i>Isaac R</i>	Level 1.1 Percussion
<i>Kaleb W</i>	Level 1.1 Percussion	<i>Nathan H</i>	Level 1.1 Percussion
<i>Zachary D</i>	Level 1.1 Percussion	<i>Silvia M</i>	Level 1.4 Flute
<i>Jenisha A</i>	Level 1.4 Clarinet	<i>Faith F</i>	Level 1.4 Clarinet

Congratulations to the following student's joining or graduating to Junior and Seniors Strings Orchestra of the Mount Isa Community Ensemble.

<i>4 B</i>	<i>Tia P</i>	<i>5 W</i>	<i>Tayla B</i>
<i>3/4 G</i>	<i>Sophie M</i>	<i>5 W</i>	<i>Gabriel F</i>



PARENTAL EMAIL NOTIFICATION

Return to office by Friday 11th September

Student Details	Parent Details
Surname:	Surname:
First Name/s:	First Name:
	Email Address:
	Signed:

UNIFORM SHOP OPENING TIMES

Tuesdays: 8.30am – 9:00am

Fridays: 8.30am – 9.00am

Orders can also be placed at the Tuckshop between
8.30am – 1.30pm (Mon/Wed/Thurs)
for collection at a later date.

Larger sizes available (up to XXL)

EFTPOS NOW AVAILABLE IN UNIFORM SHOP

ANYONE WITH SECOND HAND UNIFORMS AT HOME IS ENCOURAGED TO
DONATE THEM TO THE SCHOOL. DROP THEM INTO THE FRONT OFFICE.

REVERSIBLE SPORTS HOUSE HATS AVAILABLE

* Limited stock of Size 12 track pants *

“Cool Kids”

A program for children who worry.



Experiencing symptoms of anxiety is a normal part
of childhood.

However, excessive worrying or stress can affect a
child's participation in normal everyday activities
such as going to school, sleeping and making
friends.

The “Cool Kids” and “Cool Little Kids” group programs, are
designed to help children and families cope with a child who
experiences stress and worry to the point that it gets in the way
of everyday life.

Research has shown that young people who complete the Cool
Kids® program have marked increases in school attendance,
academic achievement, confidence, number of friends and
involvement in activities.

To Register your interest in either the Cool Kids Program (for children
aged 7 -10) or the Cool Little Kids Program (for children
aged 3-6) please contact Isa Therapy on 4743 6695 or
email admin@isatherapy.com.au



STUDENT ABSENCE NOTE

Student's Name: _____

Date/s of absence: _____

Reason for Absence: Holiday

Illness/injury Medical Appointment

Family Reasons Sport/Music Event

Other _____

Parent Signature: _____

STUDENT ABSENCE NOTE

Student's Name: _____

Date/s of absence: _____

Reason for Absence: Holiday

Illness/injury Medical Appointment

Family Reasons Sport/Music Event

Other _____

Parent Signature: _____

Parenting *ideas* INSIGHTS

Building parent-school partnerships

WORDS Michael Grose



Don't yell, move closer

As a busy parent it's easy to give your voice a work out when you don't get the cooperation you want from your children.

You know how it goes.

You want your son or daughter to give you some help and they don't respond.

Perhaps, you want a child to stop annoying his or her sibling.

Or you simply want your kids to QUIETEN DOWN inside.

When your request for cooperation is ignored.

So you do what over 90% of parents do. That is, you repeat yourself. Then if that's still ignored you RAISE the volume.

'I'll yell at them. That should work!'

Hmm, I'm not so sure. Usually yelling only succeeds in producing parent-deaf kids.

If yelling, shouting or raising your voice is a habit you've developed to get cooperation then here's a great strategy to use instead.

Next time your kids ignore a reasonable request move close to them and quietly repeat your request once.

No aggression, just expectation.

It means you may need to stop what you are doing. So be it.

Proximity is a powerful influencer. Great teachers know this. That's why they move around in class so much: to teach and also to manage.

So save your voice for conversation, encouragement and affection.

Use your body effectively to manage kids.

The key, of course, is to do it.

My challenge for you is to bite your tongue when you want to yell. Take a deep breath (as the Mood Meter teaches you) and move into your child's proximity. Don't stare him down. Just be close to him or her.

Keep doing it and the cooperation levels you get from your kids will increase astronomically over time.

But you've got to do it.

In future don't yell, move closer.

Michael Grose



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW ParentingIdeas Club** today at parentingideasclub.com.au. You'll be so glad you did.



parentingideas.com.au

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Newsletter Article 4 – Thinkuknow Cybersafety Top 10 Tips for Youth

From the Guidance Officer – Charmaine Gubbins, at Happy Valley School on Tuesdays, Wednesdays and every second Thursday.

Following on from the information shared about the thinkuknow website in the last newsletter, this week I would like to share the **thinkuknow Cybersafety Top 10 Tips for Youth**. While some of the tips appear obvious, they are a good reminder to perhaps check up on things eg. our privacy settings or to change something we may not have changed for some time eg. our passwords. This information comes from a tip sheet on the www.thinkuknow.org.au website and for the full version of the tip sheet, head to the website and check it out.

thinkuknow Cybersafety Top 10 Tips for Youth

1. Use a **strong password**, a combination of upper and lower case letters, numbers and symbols, eg P@\$w0rd!
2. Use **secure web browsers**, those with https at the start of the URL and a padlock or other indication that it is secure, when sharing sensitive information.
3. Update your **operating system** regularly and make sure you have **antivirus** software installed on your computer and other devices – phones too!
4. Avoid opening or responding to emails from people you do not know and aren't expecting – They could contain a virus or malicious software.
5. Don't give out **private information** over the internet or mobile phones about you, your family and friends. Also think about what information might be contained in photos you share.
6. Only accept **friend requests** from people you know and trust. When it comes to friends and followers online it is not a popularity contest!
7. **Think before you post!** Once you've pressed 'Send' you can't get that back. Who might see that photo, video or comment? Where might it end up?
8. Make sure your social media accounts are set to **private or friends only!** Also make sure you check your privacy settings regularly as they can change without you knowing.
9. Tell your friends to ask for **your permission** before uploading or tagging you in a photo – Make sure you do the same!
10. Don't post **inappropriate or illegal** content - It is impossible to permanently delete digital content once it has been shared.

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable online or on a mobile phone. You can also contact:

🔗 Reach Out: www.reachout.com.au

🔗 Bullying. No Way!: www.bullyingnoway.com.au

🔗 Kids Helpline: [1800 55 1800](tel:1800551800)

🔗 Youth Beyond Blue: www.youthbeyondblue.com

🔗 The **website, application or phone carrier** that you were using at the time